

CHURT JUNIORS FC - COVID-19 POLICY FOR PARENTS, CARERS, SPECTATORS AND PLAYERS

This guidance applies to all players participating in football training and matches with Churt Juniors FC in the 2020/21 season, as well as to parents and carers of those players and any other spectators attending Churt training or matches.

1. Steps the club is taking to minimise risk

The club is following FA guidance for grassroots football. The full guidance is available here – [FA Guidance](#).

Key points in the guidance include:

- Training is permitted in groups of not more than 30
- Competitive matches are permitted. The NEHYL has published guidance on minimising risk in a match situation. The guidance is set out at the end of this policy and will be followed by team coaches
- Risk assessments must be carried out for all facilities where training or home matches will take place. Copies of the risk assessments are available on request from each age group head coach
- All coaches, players and spectators must complete a COVID-19 self-assessment prior to attendance at any training session or match (see below)
- Equipment will be sanitised after each training session or match
- Details of all attendees at training or matches must be recorded for test and trace purposes.

2. What we need you to do

In order to comply with FA and league requirements and to minimise risk to all participants we need the following:

- A parent or guardian must provide a confirmation in respect of each player:
 - that they are happy for the player to participate in training and/ or matches in the 2020/21 season on the basis of the information provided; and
 - that they and the player for whom they are responsible agree to the FA Code of Behaviour, set out at the end of this policy.

You will receive an email from one of your age group coaches requesting these confirmations. No player may participate in any training or matches without the confirmations.

- No person should attend a training session or match if they are currently required to self-isolate in accordance with government guidelines, including if they have or are living with anyone with COVID-19 symptoms or have

been asked to self-isolate by NHS Test and Trace. Please see the relevant guidance here - [government guidelines](#)

- Every attendee at any training session or match (players, parents and other spectators) must complete a COVID-19 self-assessment prior to attending. The self-assessment requirements are set out at the end of this policy. Any person with any of the symptoms listed or who is otherwise required to self-isolate in accordance with [government guidelines](#) must not attend the training or match
- Spectators at training sessions and matches must maintain social distancing and must not congregate in groups of more than 6 people. Spectator details will need to be collected and your team coach may nominate a parent to collect this information at each session
- If any attendee at any training session or match subsequently develops COVID-19 symptoms they must (i) arrange to take a COVID-19 test without delay; and (ii) notify the team coach and the club COVID-19 officer – Des McCluskey: desmcluskey@gmail.com. Please provide the COVID-19 officer's contact details to NHS Test and Trace where relevant so that details of attendees at the session or match can be provided
- Please ensure that all membership information is completed on the Churt website, including parent email addresses for each player, to ensure that we can implement test and trace procedures if necessary
- All players must bring a named water bottle and hand sanitiser with them to training and matches. No sharing of water bottles or hand sanitiser between players is permitted
- Players must maintain social distancing during breaks in play and on the sidelines during matches. Please remind all players of this requirement
- Balls should not be retrieved by non-participants and should be retrieved using feet rather than hands where possible.

3. First aid

A qualified first aider will be present at every training session or match and will be equipped with a face mask, disposable gloves and sanitiser.

In order to maintain social distancing to the extent possible, however, the league recommends that a parent or other person from the same social bubble as the player attends all matches in order to administer basic first aid if required. Parents/ carers should also either attend training sessions or be contactable throughout training sessions in case non-emergency first aid is required. First aiders will continue to provide first aid in the event of an emergency.

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APPENDIX 1 – COVID-19 SELF-ASSESSMENT

All players, parents and spectators must undergo a self-assessment for any Covid-19- symptoms prior to attending any training or matches. No-one should attend any training or matches if they, or someone they live with, has any of the following:

- a high temperature (above 37.8°C)
- a new, continuous cough;
- a loss of, or change to, their sense of smell or taste.

In addition, no player, parent or spectator should attend any training or matches if they are required to self-isolate in accordance with [Government guidelines](#).

APPENDIX 2 – FA CODE OF BEHAVIOUR

A resumption of contact play is only achievable if those involved create and maintain a controlled environment that minimises the threat of infection.

Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced.

Each player will need to decide when to return to contact football, based on their own circumstances and the arrangements that have been put in place for a safe return. This is particularly the case for players from BAME communities or those with underlying health conditions.

All those returning to competitive grassroots football must adopt the following code of behaviour:

- **Be aware of your own personal health.** If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice.
- **Be responsible.** Read the guidance provided by The FA and by your club so that you are aware of the changes to the game and what is expected of you. This will include things like being prepared to wash your own kit, bringing your own labelled water bottle and being aware of changes to meet-up times.
- **Practise good hygiene.** Wash your hands regularly and before, during and after a game.
- **Where possible maintain social distancing.** This won't always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after a game you should maintain social distancing.
- **Support NHS Test and Trace.** You're likely to be asked to provide your details so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is to everyone's benefit so please co-operate.
- **Do not spit.** Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done.
- **Avoid shouting or raising your voice if face to face with other players.**
- **After the game.** Be aware that other users may be waiting to use the facilities. Changing rooms and showers are likely to be closed and any socialising must follow the Government's guidance on social distancing.

APPENDIX 3 – NEHYL MATCH REQUIREMENTS

1. Team Sheets must be exchanged by email (and an electronic acknowledgement received) between the NEHYL registered admin people and/or managers of both sides before kick-off. Ideally the email exchange will take place the evening before the game.
2. Team sheets will act as the player's portion of the COVID-19 'Test & Trace' list in case a player or someone who attended the game subsequently develops COVID-19 symptoms in the 14 day period after the game
3. The Respect handshake is not going to take place before or after the match, instead a centre spot line up is to take place with 3 cheers from each team
4. Pre-Match ID Parades are to take place in all Competitive Age Group games & Development Age Group Festival games with everyone stood at a safe distance. The Squad list with photos should be shown to the opposition manager in, as far as possible, a touchless fashion. Both managers should wear a face mask during the ID parade and where paperwork or phones have to be physically exchanged, it is strongly recommended that both managers hand sanitise before the parade and again immediately afterwards
5. Development Age Group Non Festival games – there is no requirement for an ID parade
6. Rule 2D iii – Where the number of spectators at the match make it necessary, the league is to relax this rule to allow spectators to stand along the whole length of the pitch on the opposite side to the Managers/coaches. This must be in groups/bubbles of no more than 6 people and socially distanced as per FA and County FA Guidance
7. A line is to be marked (by training cones or spray) 5 metres either side of the halfway line on the manager's side of the pitch to designate the end of the technical box – no player or manager is to cross over this line. If pitches have peak-use times, clubs should review their fixture programmes to stagger activities to avoid congestion as much as possible, so for example when a team shares a pitch on the same day - e.g. a minimum 10-minute window between matches to avoid clustering of groups on pitch-side or in the car park before/after sessions. All users should be encouraged to arrive and leave punctually