



Churt Juniors Football Club - Medical Emergency Action Plan



Frensham Heights School (Astro Pitches) - WHEN AND HOW TO REACT TO A LIFE-THREATENING SITUATION

Club Name: Churt Juniors Football Club.

Location Address: Frensham Heights School, Rowledge, Farnham, Surrey. GU10 4EA.

Frensham Heights School Onsite Team: None.

First Aider: Qualified FA Emergency First Aid, 1st Response.

- React to an incident.
- Scene assessment and safe approach to an injured player.
- Assessment/primary survey of a player's Response/Airway/Breathing.
- Cardio-Pulmonary Resuscitation (CPR).
- Secondary survey of a player's Head to Toe Examination.
- An ambulance should be called for as soon as it is recognised that a player has a life-threatening condition or serious injury/illness.
- Deliver 1st aid kit.
- Send for AED (Automated External Defibrillator) AVAILABLE FOR USE – SEE OPPOSITE FOR AED INFORMATION.
- Have access to any player's medical history.
- Recovery Position.

Support: No2 QFA/Parent/Nominated Helpers.

Nominate a chain of helpers (no's 3, 4 and so on) to:

- Make the call/provide 3-way conversation with emergency services.
- Fetch AED (If requested by emergency services. See opposite for AED information, and available from ambulance service).
- Consider players existing medical conditions/information, parent/guardian.
- Confirm emergency access is clear and be ready to direct ambulance.
- Give assistance to ambulance, access from main road entrance (flag down).
- Ambulance access to pitches from the access road/car park, but only if deemed necessary by Ambulance crew once injury reviewed by them.
- Manage parents and other players, disperse on lookers and clear scene for privacy and to avoid traumatising other players/parents.

Recognition of Concussion (Brain injury).

FA Concussion Guidelines. Are any of the symptoms evident? If so, then the player should cease activity.

Remember – If in doubt, sit them out!

AED Information:

The AED is located on the side of the Aldridge Theatre building, to the right of the main entrance.

AED what3words address:

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AED Unlock Code:
No Code Required, or Dial 999.



Equipment Required:

First Aid Kit: First Aider MUST ALWAYS have an in-date First Aid bag/box.

Copy of **M.E.A.P** (Medical Emergency Action Plan).

Copy of FA Concussion Guidelines Inc. CRT6 (Concussion Recognition Tool).

Nearest Hospitals:

ROYAL SURREY COUNTY HOSPITAL, Egerton Road, Guildford. GU2 7XX. Tel: [01483 571122](tel:01483571122)

Time Approx. 25 mins via A325 to Farnham and A31 to Guildford, then A3 London bound to Guildford.

FRIMLEY PARK HOSPITAL, Portsmouth Road, Frimley, Camberley. GU16 7UJ. Tel: [0300 614 5000](tel:03006145000)

Time Approx. 25 mins via A325 to Farnham and A31 Guildford direction, then A331 (M3 bound) to Frimley.

Nearest Drop-In Centres (not 24hr):

Haslemere Minor Injuries Unit, Church Lane, Haslemere. GU27 2BJ. Tel: [01483 956524](tel:01483956524)

Woking Community Hospital, Heathside Road, Woking. GU22 7HS. Tel: [01483 846209](tel:01483846209)